

THE NORDIC YOUTH PANEL

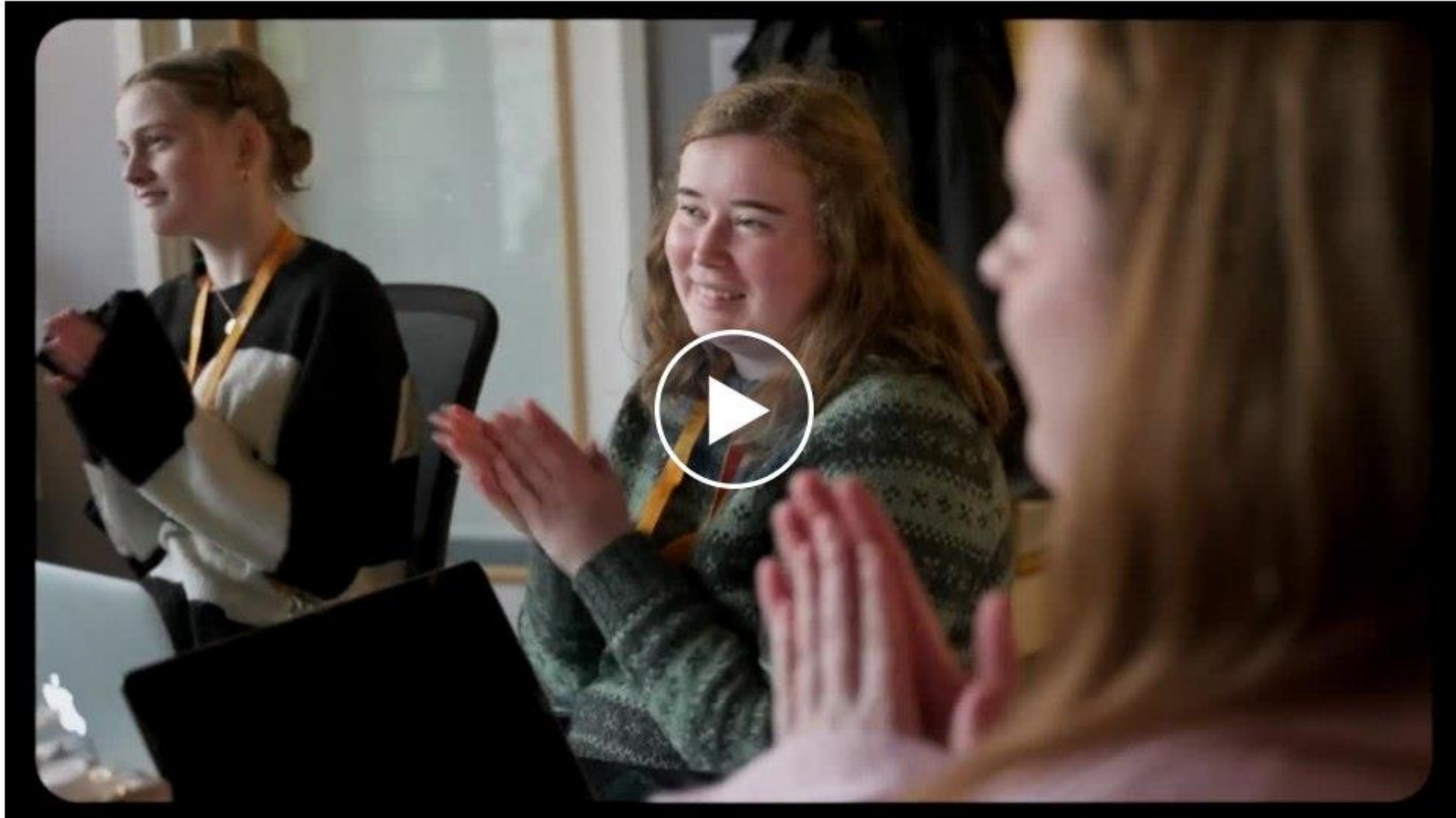


The Nordic Youth Panel:

**Building a strong youth voice
in future decisions on health and
healthcare**

Agenda

- Screening of our film
- Brief overview of our three health priorities
- Pitches of our experiences with transitional care and transition into adulthood
- Presentation of our health priority on transitional care
- Q&A session



Link: <https://dsum.dk/the-nordic-youth-panel/>

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The Nordic Youth Panel's three health priorities

- Breaking down the silos in the healthcare system
- Quality of life and the psychosocial and existential aspects of living with an illness
- Bridging the gap between the children's departments and the adult's departments in the healthcare system



Bridging the gap between the children's departments and the adult's departments in the healthcare system

What are the problems?

- 1) Transition from pediatric care to adult care is tough, challenging, and abrupt, and it happens during a critical time in a young person's life.
- 2) There is a lack of coordination between departments.
- 3) There is a lack of knowledge about young patients among healthcare professionals.

What are the solutions?

- 1) Implementing a transition plan.
 - Let the process take time and start early.
 - Incorporate visits to the new ward.
- 2) Having a dedicated section in every clinic to host young patients during their transfer to a new ward.
- 3) Assigning each young patient a coordinator during the process.
- 4) Incorporating adolescent medicine into the healthcare curriculum.



Q&A session

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Thank you for listening!

Meet us at our booth during the breaks

The project

**‘The Nordic Youth Panel:
Building a strong youth voice in future
decisions on health and healthcare’**

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